



Sacred Heart of Jesus

Roman Catholic Church

Third Sunday of Lent - February 28th, 2016

PARISH CLERGY

Rev. Fr. Hilaire Belizaire
Pastor

Rev. Fr. Franklin Ezeorah
Parochial Vicar

Rev. Fr Joseph R. Bruno
In residence

Deacon Francois G. Cajoux
Deacon Paul Dorsinville
Deacon Roy Dudley (*Sick Leave*)
Deacon Marcus Mordan

PARISH ADMINISTRATION

Mrs. Mary Harris
Business Manager

Vanessa Bazile
Administrative Assistant

LITURGY & SPIRITUALITY

Mr. Antoine Chery
Mr. Michael Capobianco
Ministers of Music

115-50 221st Street
Cambria Heights, NY 11411
Telephone: 718 . 528 . 0577
Fax: 718 . 341 . 0253

Rectory@sacredheartny.com
Website: Sacredheartny.com

RECTORY HOURS

10:00 AM to 4:00PM (M - F)

FAITH FORMATION

Sr. Vilma Orejola, FLP
Director

Ms. Mona Martin
Religious Education Coordinator

Mr. Kalel Dennis
Youth Ministry Director
Mrs. Yvonne Russell-Smith
Principal, Sacred Heart Academy

MASSES

Monday to Saturday
9:00 AM in the Chapel

Saturday Vigil
5:00 PM in the Church

Sunday
English Mass
8:00 AM & 10:00 AM
Creole Mass 12:45 PM

Holy Days
English Mass 9:00 AM
Bilingual Mass 7:30 PM

Eucharistic Adoration
Saturdays at 4:00 pm in the Church
Every 1st Friday after the 9 AM Mass



Parish Mission Statement

Sacred Heart Church, Cambria Heights is a diverse, vibrant, family united in faith. Drawing from our rich cultural backgrounds, we proclaim Christ as Lord, celebrate His living presence in the Sacraments, and serve others in his name.



“I AM”

Kindness and mercy are what the enslaved people of Israel needed, and they came in the form of deliverance. They came through a leader, Moses, who was once plucked from the Nile River and was now herding his father-in-law's sheep in the land of Goshen. The bus that burned but was not consumed shows us that God is inexhaustible mystery. Moses' awe and deference are mixed with a touching conversational tone as he seeks to learn God's name. And God sweetly responds. The somewhat abstract “I AM” distinguishes the God of Abraham and Isaac and Jacob from the minor gods in the territory who “are not.” They are helpless, powerless, and useless. Moses is to step out into an amazing future, and God will be there with outstretched arm. Just go and see, God seems to say.

ALMSGIVING, PRAYER, AND FASTING: THE THREE PILLARS OF LENT

Giving alms, Jesus teaches, means making the needs of others our own, especially the needy of our world. They are all around us: children and the old, the sick and the suffering, families and individuals, next-door neighbors and people in lands faraway. Whatever we give should be something of ourselves, something that costs us. We will receive blessings from God in return. What shall we give to the needy this lent? In deciding, decide generously. After all, before us is the great alms Jesus gave: "He loved us, and gave himself up for us."

Give...Pray...Fast...

Pope Francis said in his Ash Wednesday homily, 'Lent is also a privileged time for prayer', He quoted St. Augustine, who described fasting and almsgiving as "the two wings of prayer," because they are signs of humility and charity. Prayer offers us all a very special opportunity to grow in our relationship with God and to deepen our commitment to a way of life, rooted in our baptism. In our busy world, Prayer provides us with an opportunity to reflect upon our patterns and sins. We should pray more deeply, experience sorrow for what we've done and failed to do, and to be generous to those in need.

Give...Pray...Fast...

Fasting is tied closely to almsgiving Pope Francis says "Fasting makes sense if it really chips away at our security and, as a consequence, benefits someone else, if it helps us cultivate the style of the Good Samaritan, who bent down to his brother in need and took care of him."

During Lent do you think God needs the chocolate, candy, and other trivial things we give up? No He needs us to look deep within ourselves and reflect. He wants our hearts. So when you fast, do not proclaim it, do not look hard done by, smile and go about your day happy. We are told this in the Bible. In fact he wants us to stop our obsession with the ME and start thinking about what truly matters in life.

What will you do to love Him more and open yourself more to His Love?



This Lent we must follow what the Bible tells us to do ...Give...Pray...Fast...

Weekly Readings

Monday: 2 Kgs 5:1-15ab; Ps 42:2, 3; 43:3, 4;
Lk 4:24-30

Tuesday: Dn 3:25, 34-43; Ps 25:4-5ab, 6, 7bc,
8-9; Mt 18:21-35

Wednesday: Dt 4:1, 5-9; Ps 147:12-13, 15-16,
19-20; Mt 5:17-19

Thursday: Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-
23

Friday: Hos 14:2-10; Ps 81:6c-11ab, 14, 17;
Mk 12:28-34

Saturday: Hos 6:1-6; Ps 51:3-4, 18-21ab; Lk
18:9-14

Sunday: Jos 5:9a, 10-12; Ps 34:2-7; 2 Cor 5:17
-21; Lk 15:1-3, 11-32 Alternate read
ings (Year A): 1 Sm 16:1b, 6-7, 10-
13a; Ps 23:1-6; Eph 5:8-14; Jn 9:1
-41 [1, 6-9, 13-17, 34-38]

Pray For

Myriam St Louis Juste, Yolande Pierre, Hubert
Mills, Mythe Ste Rose, Rosa Wright, Irma Ali,
Saintecile Joseph, Sade Jean-Raymond, Jahlil
Nahser, Mrs. Kenneth Baptiste, Brenda Alleyne,
Elliot Haynes, Ann Gutman, Candie Olmstead, Au-
gustina Pitt, Gloria John, Clarence Hoggard, Lela
Moton, Narque and Patrick Jean, Carolyn Keller,
Carolin Edith, Steve Ste Rose, Raymonde Bertrand,
Carmene Muscad, Genevieve Morin, Marie
Kernisant, Cecilie Campayne, Monarque Jean, Ucile
Pierre-Louis, Kingsley Joachim, Denise Briggs

Generations of Faith

If you have already submitted your pledge card for
the Campaign, please send all future payments di-
rectly to the Generations of Faith office at : Gen-
erations of Faith: Diocese of Brooklyn

**P.O. Box 7356
Berlin, CT 06037**

MASS INTENTIONS FOR THE WEEK

Saturday, February 27th, 2016

5:00 pm Christopher Louis (B)

Sunday, February 28th, 2016

8:00 am Hyacinth Van Gronigen (D)

10:00 am Wilma James (B)

12:45 pm Claude & Promise Jean (D)
Adrianna Moss (D)

Monday, February 29th, 2016

9:00 am All Saints (*In thanksgiving*)

Tuesday, April 1st, 2016

9:00 am Rhoen & Isolyn Searchwell
(*Wedding anniversary*)

Wednesday, April 2nd, 2016

9:00 am Our Lady of Lourdes (*In Thanksgiving*)

Thursday, April 3rd, 2016

9:00 am Amonise Durosier (D)
Mr & Mrs. Anselme Michel (D)

Friday, April 4th, 2016

9:00 am Lamerchie Louis (D)

Saturday, April 5th, 2016

9:00 am Lucie Raphael (D)

Bread & Wine offered by Gerald Alexis

The Parish Lenten Retreats will be held

In Creole from

February 29th to March 2nd at 7:00 PM

With Fr. Firto Regis coming directly from Haiti

And in English

on March 8th to the 10th at 7 PM

With Monsignor Anselm from New Jersey

This year's theme is: "Be merciful as your Heavenly
Father is merciful/Soyez miséricordieux comme votre
Père Céleste est miséricordieux"

Facility

Wish to reserve a room for your next function?
Please call Fritz Kernizan at 718-406-5277.

SUNDAY READINGS AND BACKGROUNDS THIRD SUNDAY OF LENT

In response to Pope Francis' urgent call to the new evangelization and his challenge to families to love according to Gospel values, each week in the bulletin our parish will offer a great opportunity to involve the entire family. There will be a short explanation of the three readings with possible questions to help us reflect on and apply the Gospel message to our lives. There are suggested questions for children, the youth and adults. May this parish endeavor help all of us deepen our relationship with the Lord.

Reading 1 **Exodus 3:1-8a, 13-15** God's name is: "I AM WHO AM".

What a dramatic scene the Book of Exodus depicts for us today! Moses, who had escaped from Egypt, is now a shepherd. He has been leading a simple life tending sheep. But all that changes in an instant when he encounters a burning bush at Mount Horeb. As he takes a closer look, he hears God calling him by name and instructing him to take off his sandals as a mark of respect for this holy place. God assures Moses that the cries of the people in captivity have been heard. God will not only rescue the people but will lead them to the Promised Land.

When Moses realizes that God wants him to return to Egypt and lead the Israelites, Moses says that the people will not believe him because he does not know God's name. Moses learns God's name. It is Yahweh, meaning "I am who am."

Reading 2 **1 Corinthians 10:1-6, 10-12** What is written about Moses is to help us.

Paul's letter to the Christian community at Corinth is filled with advice about keeping the faith. In today's reading he reminds the people that they cannot take their new faith for granted. Faith means that we are called to conversion, to turn to God each day.

Lent is a season of penance, a time for conversion. Our challenge is to give evidence that we are truly followers of Christ. Pray together: Lord, teach us the meaning of conversion. Help us to live lives of service and love.

Gospel **Luke 13:1-9** Jesus tells us to repent.

Sometimes when we see a terrible accident or hear about people who are being persecuted, we may think that such things will never happen to us. Some people in Jesus' time believed that those who suffered such tragedies and injustices were being punished because they were great sinners. Jesus sets them straight in today's gospel reading. He says that suffering comes from injustice in our world.

The season of Lent doesn't last forever. We need to turn toward God's reign right away if we are to truly celebrate Easter. How will you show that you have heard Jesus' words about reforming your life?

Questions of the Week

Theme: *Lent calls us to conversion.*

Question for Children: God wants your faith to result in good living. What steps can you take during Lent to make sure that happens?

Question for Youth: What needs changing in your life right now? How will you invite God into that change?

Question for Adults: What steps are you taking this Lent to make sure that your faith bears fruit in good works?



Questions and Answers about Lent and Lenten Practices

Q. I've noticed that restaurants and grocery stores advertise specials on expensive types of fish and seafood on Fridays during Lent. Some of my Catholic friends take advantage of these deals, but somehow I don't feel right treating myself to the lobster special on Fridays during Lent.



A. While fish, lobster and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer.

Q. I understand that Catholics ages 18 to 59 should fast on Ash Wednesday and on Good Friday, but what exactly are the rules for these fasts?

A. Fasting on these days means we can have only one full, meatless meal. Some food can be taken at the other regular meal times if necessary, *but combined they should be less than a full meal.* Liquids are allowed at any time, but no solid food should be consumed between meals.

Q. Are there exemptions other than for age from the requirement to fast on Ash Wednesday and Good Friday?

A. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

"Fasting makes sense if it really chips away at our security and, as a consequence, benefits someone else, if it helps us cultivate the style of the good Samaritan, who bent down to his brother in need and took care of him."

Pope Francis

Reference:

<http://uscgb.org/prayer-and-worship/liturgical-year/len/questions-and-answers-about-lent.cfm>

Ministry of Consolation and Bereavement

The Ministry of Consolation is a group of caring and compassionate volunteers who assist you and your family in planning the funeral liturgy of your loved ones. If you have recently lost someone, we invite you and your family to join us for prayerful support on the last Thursday of the month at 7:00 pm in Father Nolan's Unity Room. WE ARE HERE FOR YOU!

Gwoup Konsolasyon

Gwoup Konsolasyon la pou sipòte w ak fanmi w lè nou gen lanmò. Nou ede w prepare litiji antèman an, e nou gide w pandan sèvis yo. Nou la tou pou sipòte w ak fanmi w menm apre antèman an. Nou rankontre chak dènye Jedi nan mwa a anba presbitè ya a 7è diswa. NOU PAP LAGE W!

Rituel de L'initiation Chrétienne Des Adultes

Si vous voulez devenir Catholique, ou si vous avez été baptisé et n'avez pas encore reçu les sacrements de la Sainte Communion et la Confirmation, inscrivez-vous au programme «RCIA ». Durant ce processus, les candidats et les catéchumènes se rapprochent du Seigneur et se joignent à la communauté chrétienne. Les cours sont offerts chaque mercredi soir à 7:00. Pour plus d'informations ou pour vous inscrire, appelez ou écrivez au presbytère et quelqu'un vous rappellera.

Celebration of the Sacraments

Reconciliation/Confession

The Sacrament of Reconciliation is offered on Saturdays at 4:00 PM in church, or by appointment in the rectory.

Matrimony

If you are planning to get married, please schedule an appointment with a priest or deacon at least six months before the anticipated wedding date. If you are not in a valid marriage (a marriage not celebrated in church by a priest or deacon), please call or write the rectory for an appointment to see a priest.

Baptism

The Sacrament of Baptism is celebrated in English on the 2nd Saturday at 1:00 PM, and in Creole on the 4th Saturday at 1:00 PM. If you are planning to have your child baptized in the parish, please call the rectory.

Communion for the Homebound

Anyone unable to attend Mass because of illness may receive Holy Communion at home on a regular basis. Please call the rectory.

YOUNG ADULT MINISTRY

Our Parish is excited to launch a brand new ministry specifically tailored to the needs of **young adults ages 21 to 35.**

This Ministry aims to help strengthen the faith of this very special target group through various faith building and social dialogues, exercises and activities.

Please join our very first gathering on Thursday, March 17th at 7:30 PM in the auditorium.

Sacred Heart Parish Mission Project

We are half way through our Parish Lenten Mission project. We are thankful to everyone who's picked up a box or 2, If you have not yet done so, boxes are still available.



Please remember to return the boxes filled with your Lenten sacrifice on Holy Thursday at the evening mass dedicated to the poor.

"The foundational call of Christians to charity is a frequent theme of the Gospels. During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is "a witness to fraternal charity" and "a work of justice pleasing to God." (Catechism of the Catholic Church, no. 2462).

As this is the year of Divine Mercy, We are encouraging every ministry in the parish to participate in the upcoming

Divine Mercy Pilgrimage sponsored by "Groupe Miséricorde". It will be held at Eden Hill Divine Mercy in Stockbridge, Massachusetts

on Saturday, April 2nd, 2016.

Buses leave in front of the Church at 7 AM. There's a participation fee of \$55. For more information please contact Evelyne at 347-682-3644 or Marie Louise at 718-527-3108